

## Dr. Flor A. Mayoral

Coral Gables, Florida

### ASK DR. MAYORAL

#### WHAT IS YOUR GOAL FOR EACH COSMETIC PATIENT YOU TREAT?

I have a vision for each patient before we begin treatment. I know my patients want natural-looking results so my goal is to improve and accentuate their features in a manner that whispers rather than screams.

#### WHAT ABOUT THE FIELD OF DERMATOLOGY FASCINATES YOU MOST?

I am fascinated by technology that stimulates new collagen growth, such as EndyMed PRO and Pellevé as well as Thermage and Accent—radiofrequency devices that tighten and contour the face and/or body, respectively, with little to no downtime. We now have a loyal following of “radiofrequenters” since these procedures enable us to tighten the skin, including the eyelids, without surgery.

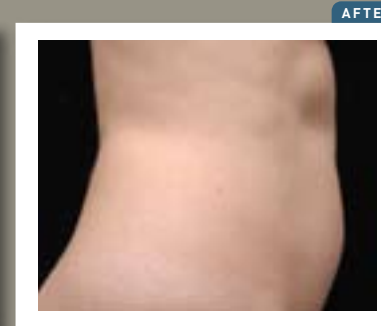
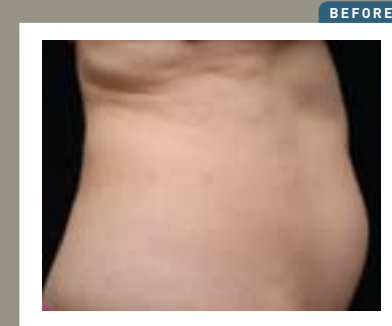
#### WHAT OTHER INNOVATIONS OFFER EFFECTIVE RESULTS?

We can lighten brown and red spots with IPL or Vbeam® technology, and smooth the skin and minimize pores with Pixel. Dermal fillers like Juvéderm®, Restylane®, Perlane® and Sculptra® Aesthetic restore volume and smooth away facial wrinkles and folds. Other injectables like Botox and Dysport temporarily relax the muscles that cause facial lines to form, and complement the use of fillers for a more complete cosmetic result.

### A cool treatment

The Zeltiq procedure for subtle noninvasive fat layer reduction is available in Canada and the European Union. This device is cleared by the FDA in the United States for various applications related to skin cooling during dermatologic treatments with a pending application for noninvasive fat layer reduction. “The best candidates are men and women who have small bulky areas that we know cannot be eliminated with diet or exercise, such as the love handles on men and the bra bulge that many women develop on their back,” says Dr. Mayoral.

### CASE STUDY



### A SLEEK PHYSIQUE

Treating this 56-years-old's abdomen nonsurgically with Zeltiq, Dr. Mayoral was able to shrink the size of her stomach and achieve the results shown here, after three months. “I'm thrilled to be practicing dermatology at a time when there are so many innovations.”

# “enhance a person's natural beauty in a subtle way”

DURING THE PAST 25 YEARS, DR. FLOR A. MAYORAL HAS WORKED DILIGENTLY TO OFFER HER PATIENTS QUALITY TREATMENTS TO COMPLEMENT THEIR HEALTH AND BEAUTY. SHE HAS PURPOSELY GUIDED HER DERMATOLOGY PRACTICE TOWARD ONE WHERE SHE CAN APPLY HER ARTISTRY FOR ENHANCING NATURAL BEAUTY.

### MEET THE EXPERT

## Dr. Flor A. Mayoral

American Board of Dermatology

#### SERVICES OFFERED

Cosmetic and General Dermatology  
Botox® and Dysport™  
Dermal Fillers  
Thermage™  
Pellevé™  
Zeltiq™  
EndyMed PRO®  
Accent® XL  
Visia® Complexion Analysis  
Pixel® Laser  
IPL™ (Intense Pulsed Light)  
Photodynamic Therapy (PDT)

#### ABOUT DR. MAYORAL

##### HOW DOES YOUR AFFINITY FOR NATURE INFLUENCE YOUR WORK?

I am an avid nature photographer, and display my work throughout the office. I am drawn to minute details in nature and in our surroundings that go unnoticed by others. It helps me appreciate the features that make each patient unique.


##### WHY DO YOU FEEL BEAUTY AND SELF EMPOWERMENT GO HAND-IN-HAND?

I believe each day begins as a blank canvas. Then, it's up to each of us to produce beautiful things with what we've been given and realize our individual potential.

**MEDICAL DEGREE**  
University of Florida  
School of Medicine

**LOCATION**  
Coral Gables, Florida

**CONTACT**  
305.665.6166

 To learn more about the practice visit  
[mydermatologist.com](http://mydermatologist.com)