

"My emphasis is on enhancing a person's natural beauty in a subtle way."

—FLOR A. MAYORAL, MD

# a natural statement

During the past 24 years, Dr. Flor A. Mayoral has worked diligently to offer her patients quality treatments to complement their health and beauty. She has purposely guided her dermatology practice toward one where she can apply her artistry for enhancing natural beauty.

"I have a vision for each patient before we begin treatment," says Dr. Mayoral. "I know my patients want natural-looking results so my goal is to improve and accentuate their features in a manner that whispers rather than screams." She is proficient in the application of dermal fillers like Juvéderm®, Restylane®, Perlane® and Sculptra® Aesthetic, used to restore volume and smooth away facial wrinkles and folds. Other injectables like Botox and Dysport temporarily relax the muscles that cause facial lines to form, and complement the use of fillers for a more complete cosmetic result. Dr. Mayoral also offers Thermage and AccentXL radiofrequency treatments that stimulate new collagen growth, tighten and contour the face and body, and reduce the appearance of cellulite. "I am fascinated by technology that requires no downtime, and we now have a loyal following of 'radiofrequenters' since these procedures enable us to tighten the skin, including the eyelids, without the need for surgery," says the doctor. "We can lighten brown and red spots with IPL or Vbeam technology, and smooth the skin and minimize pores with Pixel. I'm thrilled to be practicing dermatology at a time when there are so many innovations."

Additionally, Dr. Mayoral is an avid nature photographer, and displays her work throughout the office. Her photos draw attention to minute details in nature that go unnoticed throughout our surroundings. As an arts enthusiast, she supports local artists by showcasing their creations at evening art receptions. "I believe each day begins as a blank canvas. Then, it's up to each of us to produce beautiful things."

**BOARD CERTIFICATION**  
American Board of Dermatology

**MEDICAL DEGREE**  
University of Florida School of Medicine

**INTERNAL MEDICINE INTERNSHIP**  
University of Miami

**DERMATOLOGY RESIDENCY**  
University of Miami, Department of Dermatology and Cutaneous Surgery

**AFFILIATIONS**  
American Academy of Dermatology  
American Medical Association  
American Society for Dermatologic Surgery  
Dade County Medical Association  
Miami Dermatologic Society

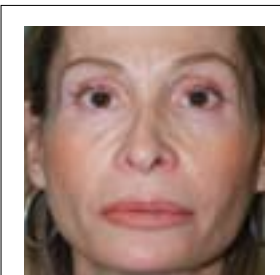
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Coral Gables, FL  
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www.mydermatologist.com

## CHANGE FOR THE BETTER

"I enjoy incorporating **INNOVATIVE TECHNIQUES** into my practice," says Dr. Mayoral of her noninvasive procedures like **THERMAGE** and **ACCENT**. "I want my patients to look their best and feel beautiful." The fractional resurfacing **PIXEL** uses pinpoint laser beams to help restore youthful skin texture on the face, neck, arms, hands and chest. It also improves acne scarring, eliminates uneven pigmentation and reduces wrinkles with minimal downtime. Likewise, the new **VBEAM PERFECTA LASER** can minimize the appearance of scars soon after surgery, bruises, benign vascular lesions, and redness seen on the chest and in the "v" of the neck of women and men with excessive sun damage. "With the Vbeam we can quickly get rid of red papules (angiomas) many of us get on the neck and chest. The evolution of dermatologists' techniques and tools have changed dramatically in the past 10 to 15 years," says Dr. Mayoral. "Experience often helps the doctor feel comfortable introducing new techniques into his or her repertoire. Obtaining patients' trust, and deserving it, is of paramount importance."



BEFORE



AFTER

*This 52-year-old patient is an avid runner with very little body fat. She asked Dr. Mayoral to help correct volume loss on her face particularly in the upper cheeks and temples. These photos were taken two-and-a-half years apart. Within that time, it took 10 visits using the dermal filler Sculptra to slowly augment hollowed areas. In the last two visits this year, she had Restylane injections in the nasolabial folds. "It's all about volume replacement. Restoring the contours around her eyes and cheeks has definitely enhanced her appearance."*